

# **Scope of Practice Statements**

## **Gillian Phillips**

### **Pro-EFW Certification**

I am a certification candidate with the Professional Association of Equine Facilitated Wellness Pro-EFW. I am seeking certification as an Equine.

### **My Personal Scope of Practice in the Human Services Field**

The qualifications, training and experience I possess to support this Scope of Practice are as follows: Personal Support Worker certification and three years of work experience, my 200 hours of Yoga Teacher Training and Self Development Training.

### **My Personal Scope of Practice in Working with Equines**

The qualifications, training and experience I possess to support this Scope of Practice are as follows: Two year college diploma from the University of Guelph in Agriculture, Equestrian Canada English Competition Coach certification, and Equestrian Canada Western Instructor certification, coaching riders of all levels as well as schooling and working with horses at various levels and skill set.

### **My Personal Scope of Practice in Equine Facilitated Wellness (EFW)**

The qualifications, training and experience I possess to support this Scope of Practice are as follows: 30 hours Exploration training, 70 hours of Focus training, 35 hours of Integration training, and assisted with Equine Facilitated Wellness group workshops since 2012. I combine my EFW skills with my coaching to assist people in creating a safe and embodied experience with their horses, and to improve the relationship between person and horse. Some of these skills are, but not limited to, window-of-tolerance, grounding, providing a non-judgmental and safe container, redirecting, body awareness, and working in the moment.

### **Level of Expertise**

I have met Level 3 of the Level of Expertise working with people. I work alone when I am working with individuals to groups as many as four. I would work with an MHP or an LP when I am working with individuals or groups who are seeking help with personal growth that is beyond my scope of practice.

I have met Level 4 of the Level of Equine expertise rendering my fully qualified and meeting all the requirements as an Equine Professional.

I engage in mentoring or supervision on an as needed basis to discuss a different approach to personal growth. My mentors or supervisors are Susan Cressy, Marie Josee Hull, and Deborah Marshall.

## **Areas in which I am NOT Qualified to Provide Services**

It is outside my personal Scope of Practice as an Equine Professional to work with clients whose soul goal is towards personal growth or treatment with mental health issues.

I would seek supervision if my client or their horse demonstrates a level of mental health or physical health that interferes with the horsemanship objectives they have. These professionals are, but not limited to, mental health professional, physio therapist, massage therapist, human chiropractor, veterinarian, horse chiropractor, farrier, horse massage therapist, saddle fitter, and/or horse dentist.

## **Informed Consent**

My clients are given information about my Scope or Practice and are required to fill out a Release of Liability Form when they become a new client. All current clients are required to review and fill out a Release of Liability Form on an annual basis. I discuss my Scope of Practice - including my limitations - with all clients. My Scope of Practice is available on my website and I direct clients to read it. It is updated as needed.

Verbal consent is asked before performing any hands-on adjustments to my clients.

## **Insurance**

My Equine Industry professional insurance is provided by CapriCMW, I hold \$5,000,000 of General liability coverage, \$100,000 of Professional liability coverage, and \$25,000 of Abuse coverage. I also highly recommend that all my clients become members of Ontario Equestrian.

July 4, 2020

Mentor Name: *Deborah Marshall*

Mentor Signature/Initial:

Date:



Candidate Name: *Gillian Phillips*

Candidate Signature:

Date: *July 9, 2020*

